









# October Lunch Menu



Elementary

<p>Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water, fountains are either in the cafeteria or right outside and cups are available upon request.</p>  	<p><b>TUESDAY 1</b></p> <p><i>Choice Of One Entrée</i>  <b>Soft Taco w/Meat and Cheese Cheese Quesadilla</b>            Taco Sauce, Sour Cream, Lettuce, Tomato Cup            Pintos and Cheese            Seasoned Corn            Rosy Applesauce            Fruit Choice</p>	<p><b>WEDNESDAY 2</b></p> <p><i>Choice Of One Entrée</i>  <b>Chicken And Waffles w/ Syrup Breakfast Pizza</b>            Fresh Vegetable Cup w/ Ranch            Glazed Carrots            Sliced Peaches            Fruit Choice            Chocolate Chip Cookie</p>	<p><b>THURSDAY 3</b></p> <p><i>Choice Of One Entrée</i>  <b>Popcorn Chicken w/ Dipping Sauce, Roll Homemade Lasagna w/Meat Sauce/ Roll Creamy Cole Slaw</b>            Green Beans            Mixed Fruit            Fruit Choice</p>	<p><b>FRIDAY 4</b></p> <p><i>Choice Of One Entrée</i>  <b>Hot Ham and Cheese Sandwich Wow Butter Sandwich</b>            Doritos            Lettuce, Tomato Cup            Mayonnaise, Mustard            Baby Carrots w/ Ranch            Fresh Cucumbers w/ Ranch            Pears            Fruit Choice</p>
<p><b>MONDAY 7</b></p> <p><i>Choice Of One Entrée</i>  <b>BBQ Pork Nachos w/Cheese Sour Macaroni &amp; Cheese/Roll</b>            Vegetable Baked Beans            Garden Salad w/ Dressing            Orange Wedges            Fruit Choice</p>	<p><b>TUESDAY 8</b></p> <p><i>Choice Of One Entrée</i>  <b>Spaghetti w/ Meat Sauce /Roll Fish Nuggets w/ Roll</b>            Garden Salad w/ Dressing            Steamed Broccoli            Pineapple Tidbits            Fruit Choice</p>	<p><b>WEDNESDAY 9</b></p> <p><i>Choice Of One Entrée</i>  <b>Chicken Nuggets w/ Dipping Sauce Southern Style Meatloaf</b>            Homemade Cornbread            Pinto Beans            Mashed Potatoes            Mixed Fruit            Fruit Choice            Chocolate Chip Cookie</p>	<p><b>THURSDAY 10</b></p> <p><i>Choice Of One Entrée</i>  <b>Soft Taco w/Meat and Cheese Steak Fingers w/ Gravy/ Roll</b>            Taco Sauce, Sour Cream, Shredded Lettuce, Diced Tomato Cup            Seasoned Corn            Glazed Carrots            Apple Wedges            Fruit Choice</p>	<p><b>FRIDAY 11</b></p> <p><i>Choice Of One Entrée</i>  <b>Pepperoni Or Cheese Pizza Chicken Tetrizzini/ Roll Roasted Squash Trio</b>            Side Salad w/Ranch            Sliced Pears            Fruit Choice</p>
<p><b>MONDAY 14</b></p>  <p>FALL BREAK NO SCHOOL</p>	<p><b>TUESDAY 15</b></p>  <p>FALL BREAK NO SCHOOL</p>	<p><b>WEDNESDAY 16</b></p>  <p>FALL BREAK NO SCHOOL</p>	<p><b>THURSDAY 17</b></p> <p><i>Choice Of One Entrée</i>  <b>Hamburger on a bun Hot Dog on a bun</b>            Mustard Mayonnaise Ketchup            Lettuce, Tomato, Pickle Cup            French Fries            Fresh Vegetable Cup w/ Ranch            Orange Wedges            Fruit Choice</p>	<p><b>FRIDAY 18</b></p> <p><i>Choice Of One Entrée</i>  <b>Pepperoni or Cheese Pizza Cheese Sticks w/ Marinara</b>            Seasoned Corn            Side Salad w/ Dressing            Applesauce            Fruit Choice</p>
<p><b>MONDAY 21</b></p> <p><i>Choice Of One Entrée</i>  <b>Teriyaki Chicken/ Roll, Fortune Cookies BBQ Stuffed Baked Potato w/ Cheese Sour Cream w/ Potato Roll</b>            Asian Rice            Steamed Broccoli            Apple Wedges            Fruit Choice</p>	<p><b>TUESDAY 22</b></p> <p><i>Choice Of One Entrée</i>  <b>Soft Taco w/Meat and Cheese Cheese Quesadilla</b>            Taco Sauce, Sour Cream, Lettuce, Tomato Cup            Pintos and Cheese            Seasoned Corn            Rosy Applesauce            Fruit Choice</p>	<p><b>WEDNESDAY 23</b></p> <p><i>Choice Of One Entrée</i>  <b>Chicken And Waffles w/ Syrup Breakfast Pizza</b>            Fresh Vegetable Cup w/ Ranch            Glazed Carrots            Sliced Peaches            Fruit Choice            Chocolate Chip Cookie</p>	<p><b>THURSDAY 24</b></p> <p><i>Choice Of One Entrée</i>  <b>Popcorn Chicken w/ Dipping Sauce, Roll Homemade Lasagna w/Meat Sauce/ Roll Creamy Cole Slaw</b>            Green Beans            Mixed Fruit            Fruit Choice</p>	<p><b>FRIDAY 25</b></p> <p><i>Choice Of One Entrée</i>  <b>Hot Ham and Cheese Sandwich Wow Butter Sandwich</b>            Doritos            Lettuce, Tomato Cup            Mayonnaise, Mustard            Baby Carrots w/ Ranch            Fresh Cucumbers w/ Ranch            Pears            Fruit Choice</p>
<p><b>MONDAY 28</b></p> <p><i>Choice Of One Entrée</i>  <b>BBQ Pork Nachos w/Cheese Sour Cream Breaded Chicken Patty on a Bun</b>            Mustard Mayonnaise Ketchup            Lettuce, Tomato, Pickle Cup            Vegetable Baked Beans            Garden Salad w/ Dressing            Orange Wedges            Fruit Choice</p>	<p><b>TUESDAY 29</b></p> <p><i>Choice Of One Entrée</i>  <b>Spaghetti w/ Meat Sauce /Roll Fish Nuggets w/ Roll</b>            Garden Salad w/ Dressing            Steamed Broccoli            Pineapple Tidbits            Fruit Choice</p>	<p><b>WEDNESDAY 30</b></p> <p><i>Choice Of One Entrée</i>  <b>Chicken Nuggets w/ Dipping Sauce Southern Style Meatloaf</b>            Homemade Cornbread            Pinto Beans            Mashed Potatoes            Mixed Fruit            Fruit Choice            Chocolate Chip Cookie</p>	<p><b>THURSDAY 31</b></p> <p><i>Choice Of One Entrée</i>  <b>Soft Taco w/Meat and Cheese Steak Fingers w/ Gravy/ Roll</b>            Taco Sauce, Sour Cream, Shredded Lettuce, Diced Tomato Cup            Seasoned Corn            Glazed Carrots            Apple Wedges            Fruit Choice</p>	<p>***FREE - MealViewer-in your Favorite App. App. Store!***</p>  <p>***See your Child's Menu on your phone, tablet, or computer***</p>