



September Lunch Menu



HIGH

	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	
Line 1		Chicken Tenders / Dipping Sauce, Roll	Pasta Alfredo / Roll	Chicken Salad Wraps	Pepperoni or Cheese Pizza	
Line 2		Steak Fingers/ Roll	Chicken Tetrizzini / Roll	Southern Style Meatloaf / Roll	Cheese Sticks w/ Marinara	
Line 3		Chicken Tenders /Dipping Sauce, Roll	Pasta Alfredo / Roll	Chicken Salad Wraps	Pepperoni or Cheese Pizza	
SIDES		Steak Fingers/ Roll	Chicken Tetrizzini / Roll	Southern Style Meatloaf / Roll	Cheese Sticks w/ Marinara	
	Holiday Day	No School	Chef Salad w/ Dressing / Roll Steak Fingers/ Roll Mashed Potatoes Green Beans Sliced Peaches Fruit Choices Chocolate Chip Cookie	Chicken Salad Wrap Pepperoni Cheese Pizza Fresh Side Salad w/ Dressing Oven Roasted, Spiced Carrots Mixed Fruit Fruit Choice	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Roasted Potatoes Roasted Squash Trio Apple Wedges Fruit Choices	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice
	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13	
Line 1	Chicken Tacos w/ Cheese	Crispy Chicken Wrap	Southwestern Chicken Rice Bowl/ Roll	Philly Cheese Steak Sandwich	Spaghetti w/ Meat Sauce, Roll	
Line 2	Homemade Macaroni and Cheese/ Roll	BBQ Pork Sandwich	Fish Sticks w/ Hushpuppies	BBQ Pork Stuffed Potato w/ Cheese	Homemade Lasagna, Roll	
Line 3	Chicken Tacos w/ Cheese	Crispy Chicken Wrap	Southwestern Chicken Rice Bowl w/Roll	Philly Cheese Steak Sandwich	Spaghetti w/ Meat Sauce, Roll	
SIDES	Homemade Macaroni and Cheese/ Roll	BBQ Pork Sandwich	Fish Sticks w/Hushpuppies, Tartar Sauce	BBQ Pork Stuffed Potato w/ Cheese	Homemade Lasagna, Roll	
	Chef Salad w/ Dressing / Roll Homemade Macaroni and Cheese/ Roll Shredded Lettuce, Tomato Cup Salsa, Taco Sauce, Sour Cream Mexican Street Corn Black Beans Sliced Pears Fruit Choice	Chef Salad w/ Dressing / Roll Ham and Cheese Sandwich/Mayonnaise Mustard, Lettuce, Tomato, Pickle Cup Vegetable Baked Beans Coleslaw Rosy Applesauce Fruit Choice	Chicken Salad Wrap Pepperoni or Cheese Pizza Sour Cream, Cheese w/Southwest Bowl Broccoli w/ Cheese Glazed Carrots Sliced Peaches Fruit Choice	Chef Salad / Dressing Ham and Cheese Sandwich Fresh Vegetable Cup w/ Ranch Seasoned Corn Pineapple Tidbits Fruit Choice	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Side Salad w/ Dressing Seasoned Green Beans Pears Fruit Fruit Choice	
	MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20	
Line 1	Pork Carnitas Tacos w/ Cheese	Sausage / Egg Brkfst Bowl w/Biscuit	BBQ Pork Nacho w/ Cheese Sauce	Hamburger on a Bun /Cheese	Pepperoni or Cheese Pizza	
Line 2	Chicken Cheese Quedadilla	Chicken Tenders & Waffles w/ Syrup	American Street Taco w/Beef and Cheese	Hot Dogs on a Bun	Cheese Sticks w/ Marinara	
Line 3	Pork Carnitas Tacos w/ Cheese	Sausage / Egg Brkfst Bowl w/Biscuit	BBQ Pork Nacho w/ Cheese Sauce	Hamburger on a Bun /Cheese	Pepperoni or Cheese Pizza	
SIDES	Chicken Cheese Quesadilla	Chicken Tenders & Waffles w/ Syrup	American Street Taco w/Beef and Cheese	Hot Dogs on a Bun	Cheese Sticks w/ Marinara	
	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Shredded Lettuce, Diced Tomato Cup Fresh Pico De Gallo Taco Sauce, Sour Cream Mexican Street Corn Pintos and Cheese Orange Wedges Fruit Choice	Chef Salad / Dressing Ham and Cheese Sandwich Mayonnaise, Mustard Lettuce, Tomato, Pickle Cup Fresh Vegetable Cups w/ Ranch Glazed Carrots Sliced Peaches Fruit Choice	Chicken Salad Wrap Pepperoni or Cheese Pizza Sour Cream, Taco Sauce Shredded Lettuce, Diced Tomato Cup Fresh Pico De Gallo Black Beans Apple Wedges Fruit Choice	Chef Salad, Dressing Ham and Cheese Sandwich, Must, Mayonnaise, Ketchup Lettuce, Tomato, Pickle Cup French Fries Fresh Vegetable Cup w/ Ranch Mixed Fruit Fruit Coice	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice	
	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27	
Line 1	Chicken Tenders / Dipping Sauce, Roll	Pasta Alfredo /Roll	BBQ Chicken Sandwich	Chicken Salad Wraps	Pepperoni or Cheese Pizza	
Line 2	Steak Fingers w/ Roll	Chicken Tetrizzini / Roll	Spicy Macaroni and Cheese w/ Roll	Southern Style Meatloaf / Roll	Cheese Sticks w/ Marinara	
Line 3	Chicken Tenders /Dipping Sauce, Roll	Pasta Alfredo / Roll	BBQ Chicken Sandwich	Chicken Salad Wraps	Pepperoni or Cheese Pizza	
SIDES	Steak Fingers w/ Roll	Chicken Tetrizzini / Roll	Spicy Macaroni and Cheese w/ Roll	Southern Style Meatloaf / Roll	Cheese Sticks w/ Marinara	
	Chef Salad w/ Dressing / Roll Steak Fingers w/ Roll Mashed Potatoes Collard Greens Sliced Peaches Fruit Choices Chocolate Chip Cookie	Chicken Salad Wrap Pepperoni Cheese Pizza Fresh Side Salad w/ Dressing Oven Roasted, Spiced Carrots Mixed Fruit Fruit Choice	Chef Salad / Dressing Ham and Cheese Sandwich, Mayo, Must. Lettuce, Tomato, Pickle Baked Beans Green Beans Orange Wedges Fruit Choices	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Roasted Potatoes Roasted Squash Trio Apple Wedges Fruit Choices	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Steamed Broccoli Seasoned Corn Sliced Pears Fruit Choice	
	MONDAY 30					Each day we will have additional fruit and juice choices. Also, a variety of milk will be offered everyday. If your student would prefer to drink water...fountains are either in the cafeteria or right outside and cups are available upon request.
Line 1	Pork Carnitas Tacos w/ Cheese					
Line 2	Chicken Cheese Quedadilla					
Line 3	Pork Carnitas Tacos w/ Cheese					
SIDES	Chicken Cheese Quesadilla					
	Chef Salad w/ Dressing / Roll Pepperoni or Cheese Pizza Shredded Lettuce, Diced Tomato Cup Fresh Pico De Gallo/ Pintos and Cheese Taco Sauce, Sour Cream Mexican Street Corn Orange Wedges					***FREE - MealViewer-in your Favorite App. Store!*** ***See your Child's Menu on your phone, tablet, or computer***

This Institution is an Equal Opportunity Provider